

# **ST. JOSEPH'S ACADEMY**

## **INTER HOUSE YOGA COMPETITION**

An Inter House Yoga Competition was organised with an enthusiastic and beautiful display of talent by the students of class 6-10th. The participants demonstrated strength, flexibility, and grace. The event highlighted the physical and mental benefits of yoga, fostering a spirit of wellness and discipline among the participants.

Result of the Inter House Yoga Competition held in 5th Aug 2025 are as follows:-

**1st - Yellow House**

**2nd - Blue House**

**3rd - Red House**

**Green House**

**Congratulations to all the winners.**